

# Dementia Resources For Caregivers

## BOOKS

- *Caregiver Guides and Intervention Strategies*

A Caregiver's Guide to Alzheimer's Disease – 300 Tips for Making Life Easier by Callone, P. et al, Demos medical Publishing: 2005

Alzheimer's Disease: Activity Focused Care 2<sup>nd</sup> Edition by Hellen, C., Butterworth Heineman: 1998

The Complete Guide to Alzheimer Proofing Your Home by Warner, M. L., Purdue University Press: 2000

Elder Rage or Take My Father...Please! by Marcell, J., Impressive Press: 2002

Caring for a Person With Memory Loss and Confusion. Helping You Help Others: An Easy Guide for Caregivers. Journeyworks Publishing, 1995-2010

Bathing Without a Battle: Personal Care of Individuals with Dementia by Barrick, A. L., et al, New York: Springer Publishing Company:2002

The Boomer's Guide to Aging Parents, Vol: 6: How to Handle Money for Aging Loved Ones by Rosenblatt, C. L. (2009)

The 36-Hour Day: A Family Guide to Caring for Persons With Alzheimer Disease, Related Dementing Illnesses, and Memory Loss in Later Life by Mace, N. L., and Rabins, P. V., Warner Books: 2006

Talking to Alzheimer's by Strauss, C., New Harbinger: 2001

Coping With Caring: Daily Reflections for Alzheimer's Caregivers by Roche, L., Elder Books: 1996

Moving a Relative with Memory Loss: A Family Caregiver's Guide by White, L. and Spencer, B., Whisp Publications: 2002

When a Family Member Has Dementia: Steps to Becoming a Resilient Caregiver McCurry, Susan M., Praeger Publishers: 2006

The Dysphagia Cookbook: Great Tasting and Nutritious Recipes for People with Swallowing Difficulties by Achilles, Elayne. Cumberland House Publishing: 2004

There's Still a Person in There by Michael Castleman, Perigree Trade: 2000

When Your Loved One has Dementia: A Simple Guide for Caregivers, by Joy Glenner et al, Johns Hopkins University Press: 2005

The Insider's Guide to Dementia Care: What You Should Know About Assisted Living by Katherine Goethe et al, WingSpan Press: 2009

Alzheimer's Activities That Stimulate the Mind by Bazan-Salazar, E., McGraw-Hill: 2005

When Words Have Lost Their Meaning: Alzheimer's Patients Communicate through Art by Abraham, R., Praeger:2004

Aerobics for the Mind by Engleman, M., Attainment Company: 2005

- *Personal Stories and Caregiver Support*

A Cup of Comfort for Families Touched by Alzheimer's: Inspirational Stories of Unconditional Love and Support by Sell, C., Adams media: 2008

Alzheimer's, A Love Story: One Year in My Husband's Journey by Davidson, A., New York: Birch Lane Press Book: 1997

Living in the Labyrinths: A Personal Journey Through the Maze of Alzheimer's by Diana Friel McGowin, Delta: 1994

The Forgetting: Alzheimer's: Portrait of an Epidemic by David Shenk, Anchor: 2003

Through the Wilderness of Alzheimer's by Robert and Anne Simpson, Augsburg Fortress Publishers: 1999

Painted Diaries by Kim Howes Zabbia, Fairview Press: 1996

Losing My Mind: An Intimate Look at Life With Alzheimer's by Thomas DeBaggio, Free Press: 2003

Finding the Joy in Alzheimer's: Caregivers Share the Joyful Times by Brenda Avadian, North Star Books: 2003

Waiting for the Morning: A Mother and Daughter's Journey Through Alzheimer's Disease by Brenda Parris Sibley, Writers Club Press: 2001

Ten Thousand Joys & Ten Thousand Sorrows: A Couple's Journey Through Alzheimer's by Hoblitzelle, O., Tarcher: 2010

Speaking Out Minds: Personal Reflections From Individuals With Alzheimer's by Synder, L, New York: With. H. Freeman and Company: 1999

- *General Information*

Alzheimer's Early Stages: First Steps for Family, Friend, and Caregivers by Kuhn, D., Hunter House Publishers, Inc: 2003

The Alzheimer's Action Plan: What You Need to Know--and What You Can Do--about Memory Problems, from Prevention to Early Intervention and Care by Doraiswamy M.P., Lisa P. Gwyther M.S.W. and Adler T., St. Martins Griffin: 2009

The Alzheimer's Answer Book: Professional Answers to More Than 250 Questions about Alzheimer's and Dementia by Atkins, C., Sourcebooks Inc.: 2008

- *Frontotemporal Dementia*

What If It's Not Alzheimer's Disease?: A Caregiver's Guide to Dementia by Lisa and Gary Radin, Prometheus Books: 2003

The Banana lady and Other Stories of Curious Behavior and Speech by Andrew Dertesz, Trafford Publishing: 2006

Losing Lou-Ann by Clinton Erb, Holistic Education press: 1996

An Evolution of Love: Life and Love with Frontotemporal Dementia by Marie Sykes and Michelle Stafford, Georgetown Publishing: 2007

## WEBSITES

- *Support and Resources*

Family Caregiver Alliance [www.caregiver.org](http://www.caregiver.org)

Alzheimer's Association [www.alz.org](http://www.alz.org)

Alzheimer's Caregiver Support Online [www.alzonline.net](http://www.alzonline.net)

Children of Aging Parents [www.caps4caregivers.org](http://www.caps4caregivers.org)

Elder Care Online [www.ec-online.net](http://www.ec-online.net)

Family Caregivers Online [www.familycaregiversonline.net](http://www.familycaregiversonline.net)

Finding The Humanity and Love in Alzheimer's Care [www.bigtreemurphy.com](http://www.bigtreemurphy.com)

Well Spouse Association [www.wellspouse.org](http://www.wellspouse.org)

Area Agency on Aging [www.eldercare.gov](http://www.eldercare.gov)

Palliative Dementia Care Resources [www.pdcronline.org](http://www.pdcronline.org)

Caring Road Support Network [www.caringroad.org](http://www.caringroad.org)

APA Caregiver Briefcase [www.apa.org/pi/about/publications/caregivers/index.aspx](http://www.apa.org/pi/about/publications/caregivers/index.aspx)

- *Products and Services*

Weill Cornell Medical College [www.thiscaringhome.org](http://www.thiscaringhome.org)

Ageless Design [www.agelessdesign.com](http://www.agelessdesign.com)

Aging Parents [www.agingparents.com](http://www.agingparents.com)

The Attainment Company [www.attainmentcompany.com](http://www.attainmentcompany.com)

Ableware Tools for Independent Living [www.services.maddak.com](http://www.services.maddak.com)

National Association of Professional Geriatric Care Managers [www.caremanager.org](http://www.caremanager.org)

The National Academy of ElderLaw Attorneys [www.naela.org](http://www.naela.org)

Interactive Therapeutics [www.interactivetherapy.com](http://www.interactivetherapy.com)

The Alzheimer's Store [www.alzstore.com](http://www.alzstore.com)

- *Frontotemporal Dementia and Related Disorders*

Association for Frontotemporal Dementias [www.theaftd.org](http://www.theaftd.org)

Frontotemporal Dementia Caregiver Support Centre [www.ftdsupport.com](http://www.ftdsupport.com)

Pick's Disease Support Group Online [www.pdsg.org.uk](http://www.pdsg.org.uk)

Pick's International Support Group for Teens <http://health.groups.yahoo.com/group/pickssupport>

Primary Progressive Aphasia Listserve <http://groups.yahoo.com/group/PPA-support>

Northwestern Univ- PPA and Frontal Dementia [www.brain.northwestern.edu/ppa/handbook.html](http://www.brain.northwestern.edu/ppa/handbook.html)

- *Lewy Body Dementia*

Lewy Body Dementia Association [www.lewybodydementia.org](http://www.lewybodydementia.org)

Help Guide LBD [http://www.helpguide.org/elder/lewy\\_body\\_disease.htm](http://www.helpguide.org/elder/lewy_body_disease.htm)

Living With Lewy Body <http://livingwithlewybody.blogspot.com/>

Mayo LBD Coping and Support  
<http://www.mayoclinic.com/health/lewy-body-dementia/DS00795/DSECTION=coping-and-support>

- *General Information*

Administration on Aging [www.aoa.gov](http://www.aoa.gov)

NIA Alzheimer's Disease Education and Referral [www.nia.nih.gov/alzheimers](http://www.nia.nih.gov/alzheimers)

Dementia and Driving [www.thehartford.com/alzheimers](http://www.thehartford.com/alzheimers)

Power of Attorney Documents [www.caringinfo.org](http://www.caringinfo.org)

AMA Older Driver Safety [www.ama-assn.org/ama/pub/physician-resources/public-health/promoting-healthy-lifestyles/geriatric-health/older-driver-safety/resources-patients.page?](http://www.ama-assn.org/ama/pub/physician-resources/public-health/promoting-healthy-lifestyles/geriatric-health/older-driver-safety/resources-patients.page?)

HBO The Alzheimer's Project: 4 part documentary series [www.hbo.com/alzheimers](http://www.hbo.com/alzheimers)

*Disclaimer Notice: These references are provided for informational purposes only and are not product endorsements.*